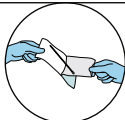


Note: Do not eat, drink, smoke, use mouthwash, or chew gum for at least one hour prior to testing.

1



Peel open the swab package and insert the tipped end of the swab into your mouth for sample collection.

2



Rub the swab inside of your mouth on the left cheek, right cheek and the roof at the back of your throat (10 seconds for each area).

3



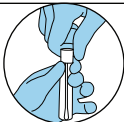
When finished collecting the sample, carefully unscrew the lid of the tube, being careful not to spill the liquid, and insert the swab head first into the tube.

4



Break off any portion of the swab that doesn't fit inside the tube.

5



Screw the top of the tube back on securely and mix with the liquid.

6



Write name, date of birth, and collection date on tube.

7



Place the tube inside the biohazard bag and seal the top of the bag.

8



Complete lab requisition form and put the form in the pouch of the biohazard bag.

9

- Ship to Real Diagnostics via overnight delivery (prepaid shipping label provided).
- Refrigerate the specimen if not shipping the same day.